



YERIN

ELEANOR DUNCAN

Aboriginal Health Services

# Strategic Plan

2021-2023

Darkinjung Country.



## ACKNOWLEDGMENT OF COUNTRY

Yerin Eleanor Duncan Aboriginal Health Services would like to acknowledge that we operate and function on the lands of the Darkinyung people. We pay respect to these lands and all that they provide for us. We acknowledge and pay respect to the ancestors that walked and managed these lands for many generations before us. We acknowledge and recognise all Aboriginal people who have come from their own Country and

who now come to call this Country their home. We acknowledge our Elders, past and present, who are our knowledge holders, teachers and pioneers. We acknowledge our youth who are our hope for a brighter and stronger future and who will be our future leaders. We acknowledge and pay respect to our community members who have gone before us and recognise their contribution to our people and community.



## OUR VISION

Inspiring strong, healthy, long lives.

## OUR PURPOSE

Empowering the Aboriginal Community, on Darkinjung Country.

## OUR VALUES

### CULTURAL CONNECTEDNESS

Belonging, Capability, Resilience.

### INTEGRITY

Accountability, Empowerment, Justice.

### EXCELLENCE

Innovation, Leadership, Self-Determination.

## GUIDING PRINCIPLES

Yerin Eleanor Duncan Aboriginal Health Services acknowledges that health is not just the physical wellbeing of an individual, but the social, emotional, cultural and spiritual wellbeing of the whole community. This is a whole of life view and it also includes the cyclical concepts of life-death-life (NAHS Working Party 1989).

- Capacity-building of community controlled organisations and the community itself to support our regions solutions to our health and wellbeing.
- Partnering and collaborating across sectors.
- Recognition of Aboriginal self-determination and a collaborative approach are fundamental to the achievements of improved health and wellbeing outcomes.



# EXECUTIVE SUMMARY

Yerin Eleanor Duncan Aboriginal Health Services is a non-for-profit, Aboriginal Community Controlled Organisation and the only Aboriginal Medical Service on the Central Coast, Darkinjung Country. Yerin Eleanor Duncan services over 4000 Aboriginal and Torres Strait Islander People on Darkinjung Country including our own facility at McPherson Road Mardi and clinics at Wyong and Umina Beach.

Yerin Eleanor Duncan Aboriginal Health Services provides medical and dental care and education, mental health and alcohol and other drugs supports and intervention services, permanency support, family preservation, targeted youth support services, antenatal, postnatal and parenting support groups and services, National Disability Insurance Scheme, chronic disease management (integrated team care) and wrap around homelessness care coordination through a transdisciplinary framework.

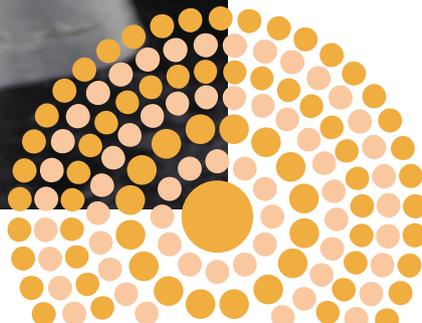
Yerin Eleanor Duncan Aboriginal Health Services' purpose is to continue 'Empowering the Aboriginal community on Darkinjung Country'. The 2021-2023 Strategic Plan summarises the strategic direction of the Organisation to maintain and develop workforce, continue to provide best practice primary health care and support services, deliver evidence based and trauma informed interventions and support services, consolidate and complement existing services to further inspire and empower the Aboriginal community.

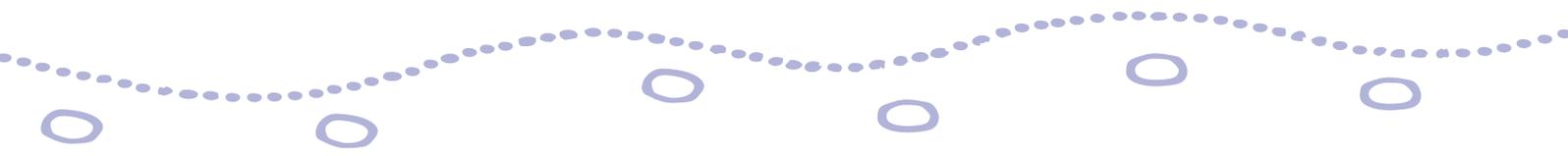






OUR  
NAMESAKE:  
ELEANOR  
DUNCAN





The remarkable Eleanor was an active community member and Registered Nurse on the Central Coast who provided important services to Aboriginal and Torres Strait Islander people. Born on the land of the Gomeroi people in Moree in 1937, Eleanor studied nursing in Newcastle where she became one of the first Aboriginal Registered Nurses in New South Wales. Passionate about healthcare and helping her local community, Eleanor moved to the Central Coast, where she worked for many years before sadly passing away at only 48. Yerin Eleanor Duncan Aboriginal Health Services works tirelessly to uphold Eleanor's legacy and provide essential services to our community.





## GOAL 1

**Maintain skillsets, job satisfaction and professional development, and employment.**

Objective: Our People (Human Resources).

1. Staff development and growth.
2. Provide a culturally responsive health space.
3. Continue to build a trauma informed workforce to meet the needs of the Darkinjung Aboriginal Community.

## GOAL 2

**Yerin Eleanor Duncan Aboriginal Health Services will continue to provide evidence based, best practice primary health care and support services.**

Objective: Strengthen health, social, emotional and spiritual outcomes for our clients.

1. Work within a transdisciplinary framework to deliver comprehensive, culturally responsive integrated services.
2. Lobby to all levels of Government regarding:
  - McPherson Road community building
  - Funding
  - General Practitioner demand
3. Increase sustainability through strategic management.
4. Participate in the Ngiyang Wayama Aboriginal Regional Data Network.

## GOAL 3

**We will measure our performance to deliver evidence based and trauma informed interventions and support services.**

Objective: Be accountable and transparent to our community and regulators.

1. Continue with Yerin Eleanor Duncan Aboriginal Health Services' Continuous Quality Improvement Strategy (CQI).
2. Data Governance: Enhance and implement a consistent data governance system.
3. Implement program monitoring systems.
4. Ensure appropriate disaster recovery systems remain effective and in place.
5. Conduct an annual organisation health and wellbeing check.

## GOAL 4

**Yerin Eleanor Duncan Aboriginal Health Services will consolidate existing services for Aboriginal people on Darkinjung Country.**

Objective: Progress and sustain our organisation.

1. Leverage our partnership with Barang Regional Alliance and other potential partnerships.
2. Relocate to the new site by 2023.
3. Maximise funding opportunities to continue and complement current service provision.





INSPIRING STRONG, HEALTHY, LONG LIVES.

## CONTACT US

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