



YERIN

Eleanor Duncan
Aboriginal Health Centre

YERIN EDAHC COMMUNITY HEALTH DAY



Thursday 4 October 2018 – Mingara Recreation Club

Save the date! Yerin Eleanor Duncan Aboriginal Health Centre is proud to be hosting a **FREE** event for community, service providers and patients to come along and learn about what health care services Yerin offers to the Central Coast Aboriginal community.

Join us for interactive displays, an update on our services, cultural activities, entertainment and a free lunch!

More information to be released soon.
Keep an eye on our Facebook page for details.



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ATTENTION YERIN MEMBERS

2018 – 2019 Annual Membership fee is now due. Contact Jo Stevens on (02) 4351 1040

TEAM UPDATE



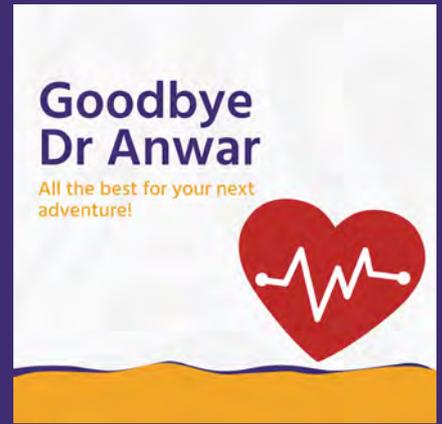
NATIONAL PYJAMA DAY

All teams wore their pyjamas to raise awareness for children living in foster care.



HAPPY BIRTHDAY JAMIE!

Happy 40th to our lovely Dhanggan Gudjagang Team Leader, Jamie Wheeler.



GOODBYE DR ANWAR

Management & staff would like to thank Dr Anwar for all her hard work and dedication in providing outstanding medical care for our community.

NEW CASE WORKERS

Congratulations to Breannon Field and Faye Kennedy who are now Case Workers within our Permanency Support Program.



NEW STAFF

Welcome to the newest members of our team!



Kayla Wetzler
Dental/Medical Receptionist



Moira Fraser
ITC Transport

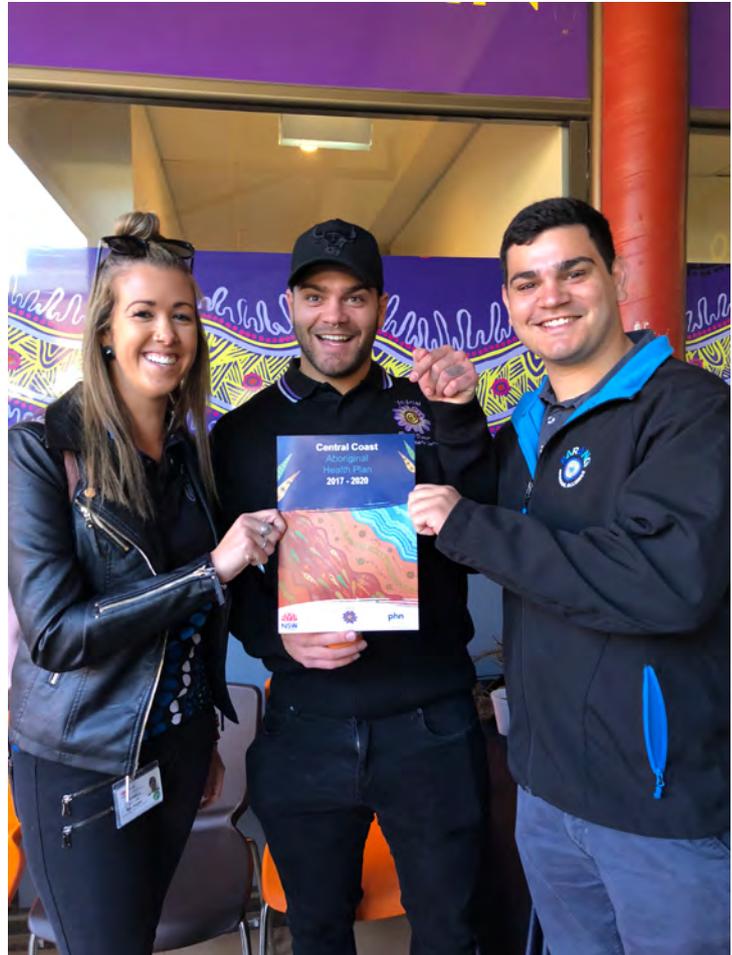


Sarah Hardcastle
NDIS Linking Coordinator

OUT AND ABOUT



CENTRAL COAST ABORIGINAL STRATEGIC HEALTH PLAN LAUNCH – WYONG



DARKINJUNG LALC FAMILY FUN DAY - WYONG



DARKINJUNG NAIDOC BALL



KIKUPA CUP (TOUCH FOOTY) - WOONGARAH



YERIN WOMEN'S GROUP



Last Thursday of every month

- 30 August
- 27 September
- 25 October
- 29 November

If you're interested in joining our Women's Group or would like further details, please contact Kylie Wheeler on 02 4351 1040.

YERIN MEN'S GROUP



Please RSVP to Brett, Denver or Ryan prior to each group activity

Phone: 02 4351 1040 | 0412 729 708 | 0400 511 174 | 0421 978 906

Fridays 11am - 4pm

- 31 August
- 28 September
- 30 November
- December meeting TBA
(Combined Christmas Gathering)

VENUE:

Mangrove Mountain Shops
Waratah Road, Mangrove Mountain

PICK UP POINTS:

Bara Barang Corporation, 3 Mann Street,
Gosford Yerin EDAHC, 36 Alison Rd, Wyong



Gulgul-ba Women's Group
"I am very Strong"
The circle symbolises women coming together with the flowers, representing growth and to blossom.



Guri Gambu Men's Group
This painting depicts men's business. The men sharing their knowledge amongst each other. The feet represent dancing after an idea is agreed upon. The small boomerangs represent all the men at the men's business. The weapons represent the knowledge they share amongst each other.

JULY 2018 SNAPSHOT



Here's a glimpse of what the Yerin Eleanor Duncan Aboriginal Health Centre team achieved in July 2018!

- Our teams conducted 1,617 episodes of care for our Aboriginal and Torres Strait Islander patients.
- Our EDAHC team conducted 124 episodes of care at our Nunyara Outreach Clinic.
- Our Gurayi-biyn Yadha team conducted a total of 86 episodes of care for our ITC program.
- There were 192 episodes of care carried out by our Yadhaba Wellbeing team.

TOY DONATION FROM

A huge thank you to Kmart Erina Fair for this wonderful donation of toys! We will be sure to put it all to good use in supporting our local community.



BELLY CASTING

In collaboration with Gudjagang Ngarra li-dhi Aboriginal Corporation, Yerin EDAHC is proud to offer belly castings for expectant mothers.

These castings are then turned into a work of art by Megan Cain at CAINS Creations, leaving you with a beautiful keepsake to cherish forever.

For bookings, call Yerin EDAHC on (02) 4351 1040 and ask for Rubi.

NOTICEBOARD



NUNYARA OUTREACH CLINIC



Even though the books are currently closed at our Wyong clinic, we're still taking patients through our GP Outreach Clinic at the Nunyara Aboriginal Health Unit, located on the grounds of Gosford Hospital.

The clinic is open Tuesdays and Thursdays from 8am - 4pm.

For appointments, call 02 4351 1040



Counselling

Danielle is available for Counselling every week. Speak to our friendly Reception staff about an appointment.



WORK DEVELOPMENT ORDERS

If you have outstanding fines you may be eligible to apply for a Work Development Order. Call **02 4351 1040** today.



Gudjagang Pregnancy Group



Gudjagang Baby and Child Group

Contact Jamie on **02 4351 1040**

ARE YOU EXPECTING?

A Midwife is available at Eleanor Duncan Aboriginal Health Clinic to provide you with professional support and guidance throughout your pregnancy and birth.

For more information or to book an appointment, contact Kim Raveneau.

P 02 4351 1040 | M 0434 100 656

Yerin Fit

Join the FREE Health & Wellbeing Program with Coastal Performance Training

This program will be run in a small group setting, providing a structure and format for maximum results, within a supportive and unique team environment.

For more information, contact Yerin Aboriginal Health Services on 02 4351 1040.

- WHERE** Coastal Performance Training, 5-9 Apprentice Drive, Berkeley Vale
- COST** FREE for current patients of Yerin Eleanor Duncan Aboriginal Health Centre
- RSVP** To join this free program, contact Kylie Wheeler on 0412 544 774

TUESDAY AND THURSDAY

7:00AM - 8:00AM

8:30AM - 9:30AM

DON'T QUIT QUITTING

GUDJA GARAWAN SMOKING CESSATION CLINIC



Every Friday
from 10am - 6pm

With the Central Coast having the second highest smoking rate in NSW, it's time to make a change.

If you need support to quit smoking, please come to our Smoking Cessation Clinic and change your life.

Yerin is hosting one-on-one smoking cessation sessions every Friday from 10am - 6pm to help you kick the habit.

To book, please call 02 4351 1040.



YERIN

Eleanor Duncan
Aboriginal Health Centre

HOURS OF BUSINESS

MONDAY - FRIDAY 9am-5pm

Suites 8 & 9, 36 Alison Rd cnr Margaret St, Wyong NSW 2259

PO Box 466, Wyong NSW 2259

P 02 4351 1040 **F** 02 4351 1037

www.yerin.org.au

 @yeredahc

 @yerinAHS

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