

Community Health Expo



Thursday
4 October 2018



YERIN

Eleanor Duncan
Aboriginal Health Centre

Yerin Eleanor Duncan Aboriginal Health Centre is proud to be hosting a FREE event for community, service providers and patients to come along and learn about what health care services Yerin offers to the Central Coast Aboriginal community.

Join us for:

- Health care service information
- Free advice and health screenings
- Interactive displays
- Special guest speakers
- Workshops & presentations
- Cultural activities
- Kid-friendly activities and playgroup
- Local Aboriginal artists & entertainment
- Free lunch!

Mingara Recreation Club

9:15am – 3:00pm

REGISTRATIONS ESSENTIAL

Please confirm your attendance by visiting www.yerin-community-health-expo.eventbrite.com.au

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NOTICE FROM THE BOARD

Yerin Eleanor Duncan Aboriginal Health Centre's Board of Directors and Management warmly welcome all new staff members and would also like to congratulate staff who have recently graduated from their studies and those who are currently undertaking training.

TEAM UPDATE

Two milestone birthdays were celebrated by Doreen and Vickie.



HAPPY BIRTHDAY DOREEN!



HAPPY BIRTHDAY VICKIE!



NEW STAFF

Welcome to Lose Mafi our new Care Coordinator for the ITC Team.

STAFF DEVELOPMENT

Once again, our Yerin Team have participated in ongoing Staff Development.

We participated in a three-day, powerful and experimental workshop, that guides individuals through their own journey of self-discovery and strength building, using a framework of tools and processes led by gifted guide and trauma recovery coach, Brian Dowd.



OUT AND ABOUT

DEVELOPING CULTURALLY SAFE TRAUMA INFORMED PRACTICE IN ABORIGINAL COMMUNITIES TRAINING – KOOINDAH WATERS



THE BECOMING A FATHER, BEING A DAD PROJECT - MINGARA



NACCHO OCHRE DAY – HOBART



ABORIGINAL CHRONIC CONDITIONS NETWORK CONFERENCE



YERIN WOMEN'S GROUP

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Last Thursday of every month

SEPTEMBER 27	OCTOBER 25	NOVEMBER 25
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If you're interested in joining our Women's Group or would like further details, please contact Kylie Wheeler on 02 4351 1040.

YERIN MEN'S GROUP

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Please RSVP to Brett, Denver or Ryan prior to each group activity
Phone: 02 4351 1040 | 0412 729 708 | 0400 511 174 | 0421 978 906

Fridays 11am – 4pm

SEPTEMBER 28	NOVEMBER 30
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December meeting TBA
(Combined Christmas Gathering)

VENUE:
Mangrove Mountain Shops
Waratah Road, Mangrove Mountain

PICK UP POINTS:
Bara Barang Corporation, 3 Mann Street, Gosford Yerin
EDAHC, 36 Alison Rd, Wyong



Gulgul-ba Women's Group
"I am very Strong"
The circle symbolises women coming together with the flowers, representing growth and to blossom.

Guri Gambu Men's Group
This painting depicts men's business. The men sharing their knowledge amongst each other. The feet represent dancing after an idea is agreed upon. The small boomerangs represent all the men at the men's business. The weapons represent the knowledge they share amongst each other.



RECOGNITION FROM NSW CENTRE FOR ABORIGINAL HEALTH

The NSW Health Centre for Aboriginal Health team visited Yerin Incorporating Eleanor Duncan Aboriginal Health Centre recently, meeting with our Board and Management team to discuss our ongoing work for our community.

We also received a letter commending the efforts of our teams and Board of Directors here at Yerin.

Geraldine Wilson - Matenga, Executive Director, Centre for Aboriginal Health said, "I would like to congratulate Yerin's achievements across key areas such as organisational governance, financial management, human resource management, reporting and service delivery".

Yerin Eleanor Duncan Aboriginal Health Services looks forward to working closely with the Centre for Aboriginal Health in order to meet the needs of our community.

Pictured here is Yerin EDAHC Chairperson, Vickie Parry, CEO, Belinda Field and Centre for Aboriginal Health, Senior Project Manager, Ian Raymond.



NOTICEBOARD

EXPRESSION OF INTEREST

Yerin's Community Empowerment Steering Committee

We have openings for two Community Members to join

For more information and/or to obtain an application pack,
please contact Jo Stevens on 02 4351 1040 or JStevens@yerin.org.au

Autism Community Workshop

HELPING CHILDREN WITH AUTISM AGED 0-6 YEARS

During the autism community workshop, you will learn about:

- The characteristics of autism
- Who can help
- How to help people with autism

To cater to everyone, please let us know if you would like to come along.

Wednesday 19 September 9.00am – 11.30am

Location: Yerin EDAHC Boardroom,
Suite 8 & 9 Wyong Plaza Village,
36 Alison Road, Wyong

RSVP: Teresa Pilbeam on 0427 594 694
or teresa.pilbeam@autismqld.com.au
by Monday 17 September

FREE
for parents
and carers

YERIN GP OUTREACH CLINIC



**Every Tuesday & Thursday
8am to 4pm**



To make an appointment,
call Yerin EDAHC on
02 4351 1040



Located at Nunyara
Aboriginal Health Unit
2 Ward St, Gosford

MAKING HEALTHY NORMAL

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Yerin Eleanor Duncan is working hard to address Aboriginal and Torres Strait Islander health disparity with the integrated health, spiritual, social and wellbeing programs that we offer.

- Permanency Support Program (PSP) /Out of Home Care (OOHC)
- Registered NDIS Provider
- Health Care Homes
- OCG accreditation
- AGPAL accreditation
- Team Winyu (Health Challenge)
- Gudja Garawan (Smoking Cessation)
- Opened the Cert IV Family Violence Prevention work through ECAV to the community



PATIENT PROFILE – MEET MALIKAI

6-year-old Malikai is well on his way to becoming a very skilled bull rider. He has been competing in Queensland, which allows kids as young as Malikai to compete.

Here's a quick look at what he does at the Showgrounds. When Malikai has his headgear on, he is helped onto the steer in the chute. When he is ready, with his left hand in the hand grip, he will put his right hand up. Once the siren goes off, Malikai has to try to ride the steer for eight seconds.

It's very hard to stay on for eight seconds due to the bull spinning and bucking, with only one hand for grip and your body for balancing.

3.5 seconds is Malikai's longest ride.

Well done Malikai!



Malikai at the Singleton Show in April this year

He will be entering in the 2018 Glencore Singleton Show Bull Ride on Friday 21 September held at the Singleton Showground.

We wish Malikai all the very best for his future in bull riding.

MONDAY - FRIDAY 9am-5pm

Suites 8 & 9, 36 Alison Rd
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www.yerin.org.au

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YERIN

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