



# BECOME A RESPITE CARER

## SUPPORT OUR GUDJAGANGS IN THE PSP

### QUALITIES OF A CARER:

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- ✓ You are dedicated to maintaining and supporting children and young people's connections to country, community, family and culture;
- ✓ You have deep understanding that looking after and guiding children from another family is different from looking after your own children;
- ✓ You genuinely like and enjoy children and young people even when times get tough or they're being difficult;
- ✓ You do not expect children to be grateful for the care you show or demonstrate through your actions;
- ✓ You can accept that a child or young person under your respite care may take some time to adjust and respond to the care you offer and;
- ✓ You understand that trauma experienced by children and young people is why they behave certain ways that are sometimes difficult to understand.

### CARER SUPPORT

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Yerin values the work carers do and the unconditional contribution they make to the lives of children and young people. As a Yerin carer, you will be linked with one caseworker who will work alongside you on any given placement. The caseworker will work in partnership with you to ensure that the child/ young person's needs are met whilst in your care; and that you are supported to carry out the day-to-day requirements. This caseworker will visit you in your home and provide support and guidance regarding the placement as and when required.

Respite carers receive an allowance which covers the day-to-day costs of caring for a child or young person. The level of allowance depends on the age of the child or young person in their care.

The PSP program gives every child and young person a loving home and care when they need it.

**To find out more becoming a respite carer please contact Yerin on 02 4351 1040**

[www.yerin.org.au](http://www.yerin.org.au)

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**YERIN**

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Aboriginal Health Centre